FUTURE DIMENSIONS VARIABLE ANNUITY A FLEXIBLE PREMIUM VARIABLE ANNUITY CONTRACT

issued by

Southland Life Insurance Company and its Southland Separate Account A1

Supplement dated June 7, 2004 to the Prospectus dated May 1, 1998

The information in this supplement updates and amends certain information contained in your May 1, 1998, prospectus as supplemented on May 26, 1998, June 11, 1998, October 7, 1998, November 9, 1998, October 22, 1999, December 10, 1999, April 5, 2004, and May 5, 2004. Please read this supplement carefully and keep it with your prospectus for future reference.

PLAN OF MERGER

On June 7, 2004, the Board of Directors of Southland Life Insurance Company (the "Company") approved a plan to merge the Company with and into one of its affiliates, Security Life of Denver Insurance Company ("Security Life"). It is anticipated that the merger will be effective on October 1, 2004, (the "Merger Date"). The merger is subject to certain regulatory approvals, including the Texas Department of Insurance. The merger will have no effect on your underlying investments or your contract, other than to change the company that supports your contract's guaranteed benefits. The merger is structured to have no adverse tax consequences (including federal tax consequences) for any Contract Owner.

As of the Merger Date, the Company will cease to exist and will be succeeded by Security Life. All contracts previously issued by the Company will become contracts of Security Life. On the Merger Date, you will become a Contract Owner of Security Life, to the same extent and with the same rights, powers, privileges, liabilities and duties as though your contract had been originally issued by Security Life.

SECURITY LIFE

Both the Company and Security Life are indirect, wholly-owned subsidiaries of ING Groep N.V., a global financial services holding company based in The Netherlands. Security Life is a stock life insurance Company organized in 1929 and incorporated under the laws of the State of Colorado. Security Life is admitted to do business in the District of Columbia and all states except New York.

THE SEPARATE ACCOUNT

On the Merger Date, Southland Separate Account A1 (the "Variable Account"), which supports the contracts, will be transferred intact to Security Life and renamed Security Life Separate Account S-A1. After the transfer, the Variable Account will continue to support the contracts. The transfer of the Variable Account will be structured to maintain all investment options currently available under the contracts and to have no adverse impact (including federal tax impact) on any Contract Owners or any impact on Accumulation Units, Annuity Units and Subaccount Unit values.

ADDITIONAL INFORMATION

You will receive further information and an updated prospectus when the merger is complete. If you have any questions, please contact your registered representative, or write or call our Customer Service Center at P.O. Box 5065, Minot, ND 58702-5065, 1-877-253-5050.